



*“Caregiving
Love Knows
No Boundaries”*

- ♥ Spouse Caring for a Spouse
- ♥ Adult Child Caring for a Parent
- ♥ Grandparent or Other Relative Caregiver Caring for a Child
- ♥ Grandchild Caring for a Grandparent
- ♥ Sibling Care
- ♥ Unrelated Caregivers, such as Friends and Neighbors

“Because We Care”

Central Illinois Agency on Aging, Inc.

(309) 674-2071

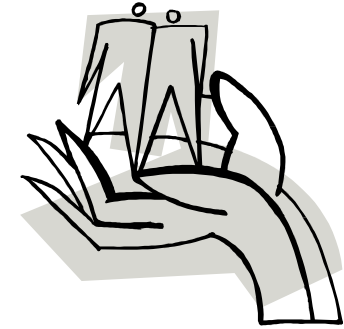
1-877-777-2422

Caring Connection



is a network of agencies and organizations committed to providing services to family caregivers, being an informed voice to educate the general public about caregiver needs and caregivers about services available to meet their needs, promoting the resources currently available, generating additional resources, and serving in an advisory capacity for caregiver services to facilitate problem-solving among agencies and organizations serving family caregivers.

Central Illinois Agency on Aging, Inc. does not discriminate in admission to programs or activities to treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 1-800-252-8966 (Voice & TDD), or Joanne Thomas, Executive Director, Central Illinois Agency on Aging, Inc.



**Sometimes life
doesn't turn out
“just like” we
planned it!**

**Suddenly you are a family
caregiver for a senior
60 years of age or
older or a grandchild
under 18.**



Central Illinois Agency on Aging, Inc.
700 Hamilton Boulevard
Peoria, IL 61603-3617

**We can help
you locate resources
to smooth the transition.**



Family Caregiver Support Program

- ✓ **Information about:** help in the home, transportation assistance, home-delivered meals, medication management, back safety videos, geriatric assessments, adult day services, in-home health services and others.
- ✓ **Assistance to connect you to:** energy assistance, lifeline services, phone discounts, Circuit Breaker, Medicaid, in-home training, home modifications, legal and financial assistance, and other services.
- ✓ **Referrals to appropriate agencies**
- ✓ **Community educational programs**
- ✓ **Counseling in person and by phone**
- ✓ **Support groups for caregivers and grandparents raising grandchildren (English & Spanish)**

What is a Caregiver?

A caregiver can be a grandparent or relative caregiver raising a child in their own home.

A caregiver can be anyone . . . a family member, a friend, a neighbor who can be relied upon to provide unpaid help to a senior.

If you provide these services to anyone:

- ◆ Help with errands
- ◆ Prepare meals
- ◆ Laundry
- ◆ Pay bills
- ◆ Transportation
- ◆ Personal care
- ◆ Shopping
- ◆ Yardwork
- ◆ Housekeeping
- ◆ Help with homework
- ◆ Handle legal and financial issues

You Are A Caregiver!



We all need a "time out" once in awhile.

Respite Services Available

We can provide help on a temporary basis so you can take a break from caregiving.

- ▶ In-home care for homebound seniors.
- ▶ Adult Day Services for mobile seniors which offers socialization, meals and activities.
- ▶ Overnight care for seniors on a case-by-case basis.

Call Family Caregiver Support Program

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